**What are Presence and Frequency Penalties?**

They basically offer control over how repetitive our output is

**Presence Penalty**

* It will be a number from -2 to 2
* Defaults to 0
* Higher number increases a models likelihood of talking about new topics

**Frequency Penalty**

* It will be a number of -2 to 2
* Defaults to 0
* At higher numbers it decreases the model’s likelihood of repeating the exact same phrase